

Tree of Life Wristlets

A free pattern from the Fibre Company

Knit out of just one skein of Road to China Worsted, these hand warmers are a quick knit for you or a special gift for a loved one.



Yarn: The Fibre Company Road to China 65% Baby Alpaca, 10% Cashmere, 10% Camel, 10% Silk. 69yards/50grams per skein. 1 Skein Plum Jasper,

Gauge: 15 sts and 21 rows = 4" in StSt on 5.75mm needles after blocking.

*It is imperative you check gauge. Adjust needle size if necessary to obtain gauge.

Needles: 1 set 5.75mm (US 10) dpn,

Notions: Tapestry Needle

6 1/4" dia buttons

Size: To fit average adult woman's hand

Skills Necessary: Knitting, increasing, decreasing, basic cabling.

Tree of Life Wristlets

Pattern Notes:

The cuff is knit back and forth and then joined for working in the round with a two stitch overlap. The row for joining in the round to work the hand may seem tricky - but should make sense once you are knitting. The hands are written for knitting in the round on 3 dpn, with the 4th needle as your "working" needle. The pattern on the right hand is worked on the first needle, the left on the third. No buttonholes are written into the pattern as you will push button through the space between the sts.

Abbreviations:

inc: Increase 1 by knitting into the front and back of the same stitch.

RC: Slip next stitch to cable needle, hold in back of work, Knit next stitch, Knit stitch from cable needle.

LC: Slip next stitch to cable needle, hold in front of work, Knit next stitch, Knit stitch from cable needle.

Right Hand

Cuff:

With straight needles (or using 2 dpns) cast on 26 sts and work 10 rows of seed stitch as follows:

Row 1 (RS): *K1, P1; rep from * to end.

Row 2 (WS): *P1, K1; rep from * to end.

Divide work onto 3 dpns for knitting in the round as follows: K13 sts onto needle 1, K7 sts onto needle 2, K4 sts onto needle 3 leaving the last 2 sts unworked on needle (needle 4). Holding needle 4 in back of the 1st needle knit together the 1st and 26th then the 2nd and 25th stitches using the 3rd dpn. You now have 11 sts on needle 1, 7 on needle 2 and 6 on needle 3. The round begins with these 11 sts. You will be working the 11 sts on needle 1 in pattern, and those on needles 2 & 3 in stockinette.

Hand:

Row 1: K5, RC, LC, K2; K to end.

Row 2: K4, RC, K2, LC, K1, K to end.

Row 3: K3, RC, K4, LC; K1, inc, K1, inc, K to end.

Row 4: K2, RC, LC, K5; K to end

Row 5: K1, RC, K2, LC, K4; K1, inc, K3, inc, K to end

Row 6: RC, K4, LC, k3; K to end

Row 7: K5, RC, LC, k2; K1, inc, k5, inc

Row 8: K4, RC, K2, LC, K1; k to end

Row 9: K3, RC, K4, LC; K1, inc, k7, inc, k to end.

Row 10: K2, RC, LC, K5; K2, slip 10 sts onto a holder, cast on 2 sts over held sts using the backwards loop method, K to end.

Row 11: K1, RC, K2, LC, K4; K to end.

Row 12: RC, K4, LC, K3; K to end.

Row 13: K5, RC, LC, K2; K to end.

Row 14: K4, RC, K2, LC, K1, K to end.

Tree of Life Wristlets

Right Hand Continued:

Row 15: K3, RC, K4, LC; K1, inc, K1, inc, K to end.

Row 16: K2, RC, LC, K5; K to end

Row 17: K1, RC, K2, LC, K4; K1, inc, K3, inc, K to end

Row 18: RC, K4, LC, k3; K to end

Work rows 13-18 one more time.

K2 rows plain.

Bind off loosely.

Thumb:

Divide 10 sts on holder onto 2 dpns.

Using a third dpn pick up 2 sts in cast on stitches over held stitches.

Divide evenly over the three needles.

K 3 rounds and bind off loosely.

Left Hand:

Cuff: With straight needles (or using 2 dpns) cast on 26 sts and work 10 rows of seed stitch as follows:

Row 1 (RS): *K1, P1; rep from * to end.

Row 2 (WS): *P1, K1; rep from * to end.

Divide work onto 3 dpns for knitting hand in the round as follows:

(RS): Knit 6 sts onto needle 1, 7 sts onto needle 2, 11 sts onto needle 3, leaving 2 sts unworked on the needle (needle 4). Hold needle 1 behind 2 sts on needle 4 and using a 5th dpn knit together the 1st and 26th stitch and then the 2nd and 25th stitch. Knit remaining four sts off of needle 1. K7 sts off needle 2, K5, RC, LC, K2. (You have simultaneously worked Row 1 of hand and joined for working in the round).

Hand:

Row 2: K to 3rd dpn; K4, RC, K2, LC, K1

Row 3: K to last 4 sts of needle 2, inc, K1, inc, K1; K3, RC, K4, LC.

Row 4: K to 3rd dpn; K2, RC, LC, K5.

Row 5: K to last 6 sts of needle 2, inc, K3, inc, K1; K1, RC, K2, LC, K4.

Row 6: K to 3rd dpn; RC, K4, LC, K3.

Row 7: K to last 8 sts of needle 2, inc, K5, inc, K1; K5, RC, LC, K2.

Row 8: K to 3rd dpn; K4, RC, K2, LC, K1.

Row 9: K to last 8 sts of needle 2, inc, K7, inc, K1; K3, RC, K4, LC.

Row 10: K to last 11 sts of needle 2, slip 10 sts onto a holder, cast on 2 sts using backwards loop, K1; K2, RC, LC, K5.

Row 11: K to 3rd dpn; K1, RC, K2, LC, K4.

Row 12: K to 3rd dpn; RC, K4, LC, K3

Tree of Life Wristlets

Left Hand Continued:

Row 13: K to 3rd dpn; K5, RC, LC, K2.

Row 14: K to 3rd dpn; K4, RC, K2, LC, K1.

Row 15: K to last 4 sts of needle 2, inc, K1, inc, K1; K3, RC, K4, LC.

Row 16: K to 3rd dpn; K2, RC, LC, K5.

Row 17: K to last 6 sts of needle 2, inc, K3, inc, K1; K1, RC, K2, LC, K4.

Row 18: K to 3rd dpn; RC, K4, LC, K3.

Work rows 13-18 1 more time.

K2 rows plain.

Bind off loosely.

Thumb:

Divide 10 sts on holder onto 2 dpns.

Using a third dpn pick up 2 sts in cast on stitches over held stitches.

Divide evenly over the three needles.

K 3 rounds and bind off loosely.

Finishing:

Weave in ends. Sew buttons to bottom flap on each hand. To close, push buttons through fabric in space between stitches. Block lightly if desired.



If you are a LYS and want information as to how our patterns can work for you, please contact us and we would be happy to help!

© 2008 Kelbourne Woolens. Not to be reproduced or re-knit for profit.

www.TheFibreCo.com • www.KelbourneWoolens.com • info@kelbournewoolens.com